

The Patient's Guide to Defeating Neuropathy

“How new breakthroughs in the treatment of neuropathy symptoms can relieve your sharp pain, numbness, tingling, and burning...even in cases caused by diabetes or nerve injuries!”



The 5 Specific Principles to BEATING Neuropathy

Dear Neuropathy Sufferer:

If you are one of the thousands of frustrated neuropathy patients all over the world that continues to suffer with symptoms of neuropathy even after seeing every specialist and trying every treatment under the sun?

Do you continue to suffer with these neuropathy symptoms?

- Burning in your hands and/or feet
- Pins and needles or prickling pain
- Pain in your hands and/or feet
- Constantly dropping things
- Inability to do things with your hands that was once easy
- Inability to walk long distances without extreme pain
- Problems with balance and coordination

Are you tired of feeling this way? Are you tired of hearing that there is nothing else that can be done? Or worse, are you tired of hearing “you will just have to live with it”? In this report, we are going to share some things with you that you have likely never heard about. You may even be a little angry and frustrated because *you will soon realize that if you had this knowledge a month ago, a year ago, or even many years ago, you wouldn't be suffering with peripheral neuropathy right now.*

We share in your frustration. We see and consult with patients everyday who have been through exactly what you have been through. After reading this entire report, you will be armed with information and knowledge that will help you make good choices about managing your neuropathy and assure you don't get bounced around the “system” with no answers.

We can't look back but we can move forward...armed with knowledge and a clear path to follow to provide freedom from neuropathy.

By reading this entire special report you are going to learn:

- 1) A scary statistic about fatal falls and hip fractures for those that have peripheral neuropathy in their feet
- 2) What the leading diagnosed cause of peripheral neuropathy is and how a new scientific approach is providing hope for real and lasting relief
- 3) The 5 keys to properly promote healing and regeneration in peripheral nerves (nearly every neuropathy treatment approach before now included only one or two of these critical elements which led to ultimate failure)
- 4) How the same principles that allow a tree to grow can help you regenerate your nerves

Blueprint to Healthcare has dedicated their time to stay on the cutting edge of non-surgical procedures and specialized treatment technologies...dedicated to helping sufferers of numbness, tingling, burning and sharp pain caused by nerve related conditions. Patients that have been discouraged and frustrated by conventional medical care and left taking medications that do nothing but cover up the symptoms and do not address the underlying cause of the condition.

WHAT'S WRONG WITH THE SYSTEM? WHY DO YOU STILL HAVE NEUROPATHY AT A TIME WHERE EASY ACCESS TO INFORMATION IS AT AN ALL-TIME HIGH?

Today in standard neurology and general practice offices, patients are given expensive testing but despite the fact that they may determine that a particular nerve or group of nerves is not functioning properly, they do not have a solution. Many patients are simply given medication after medication that makes you tired and groggy but does not take away the pain. Our patients have told us that the medication makes them feel like a "zombie". When you combine unrelenting pain with medication that makes you feel "zoned out" and doesn't truly relieve the symptoms with the fact that...**those with peripheral neuropathy are at 15 times increased risk for falls that can lead to head injuries and hip fractures.**

It becomes much more than just getting relief from the unrelenting pain and nights of disrupted sleep...it's about ensuring that you have the quality of life you deserve for your future. A fractured hip is the fastest way to destroy your mobility and quality of life and *the risk of this happening increases as your peripheral neuropathy progresses and is not properly treated*. If you don't find a treatment to your neuropathy that improves nerve function and can improve your balance and coordination you may face some very scary consequences.

So what causes peripheral neuropathy? There are many causes of peripheral neuropathy. Diabetes, smoking, chemotherapy, vitamin B12 deficiency, peripheral vascular disease, prescription medication side effects, nerve entrapment or injury, the list goes on. No matter what the mechanism of neuropathy means simply – "a nerve that is not functioning properly". All of these conditions can damage the nerves leading to pain, burning, tingling, and numbness that you experience on a daily basis.

More importantly, do you know what the #1 diagnosed cause of neuropathy is? Idiopathic. This means that the cause of the nerve damage is unknown. What does this mean for you? It means that the doctors are observing the symptoms...burning, pain, tingling, etc. but they don't know why you have it. So, the only thing they can do is throw a laundry list of medications at you and hope something provides symptomatic relief.

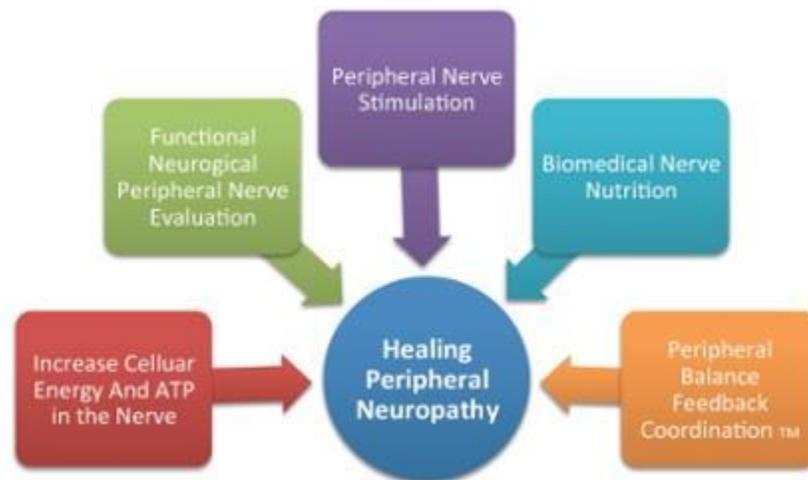
IS THERE STILL HOPE?

The good news, is that no matter what the cause, if you have nerve damage, new technological advances in the area of improving the nerve and muscle function, balance, coordination, mobility, and pain are allowing thousands of neuropathy patients to FINALLY get relief, even if the doctor never indicated the exact cause of your nerve damage.

Most neuropathy treatments are going to fail because:

1. There is no true understanding of the nature and location of the nerve problem.
2. The treatments are not designed to address the nerve or muscle function...they only attempt to minimize the symptoms while bringing with them dangerous side effects.

INTRODUCING THE 5 KEYS OF DEFEATING NEUROPATHY



There are 5 key elements, or what we like to call ingredients, to properly heal a damaged nerve and create real and lasting relief from neuropathy.

Just like a recipe, if you leave out an ingredient or don't put the right amount of ingredients, you will not get the result you are looking for. At our clinic, we have combined the five key elements required to address the damaged nerves in your feet and hands to provide true and lasting relief.

Most neuropathy treatment approaches include one or maybe two of these key elements in healing peripheral neuropathy while completely ignoring the others. The first key to defeating neuropathy is the proper evaluation of your peripheral nerves. We need to determine if there is indeed damage to the nerve itself. A very detailed functional neurological examination to determine the extent of motor loss, sensory loss, vibration sensation, reflex brain coordination and trophic changes (hot and cold) must be performed to understand the true cause of the problem.

The type, extent of damage, and location of nerve damage are as individual as a snowflake and the first task at hand is gaining a thorough understanding of the underlying issue. If there is no nerve damage detected then ultimately you may have been misdiagnosed and are possibly getting the wrong treatment and in these cases you could properly apply all 5 keys and not get results because it would be the wrong treatment. After determining the extent and exact locations of your nerve damage treatment to heal a damaged peripheral nerve is going to require 4 more key elements that make up the keys to defeating peripheral neuropathy. We have developed a proprietary system that combines these elements which we call **Functional Peripheral Nerve Restoration™**.

Functional Peripheral Nerve Restoration™

Element #1: Reduction of Inflammation

Damaged peripheral nerves are ultimately inflamed. When a nerve is inflamed, it becomes swollen – leading to decreased function. When this happens, you feel pain, tingling, numbness, and burning depending on the extent of the inflammation and the type of nerve effected. An extreme example of an inflamed nerve is Sciatica. This is when the nerve that comes out of your back becomes inflamed and it starts to shoot pain down the back of your leg and

possibly into calf and foot. Proper treatment for peripheral neuropathy must have the ability to reduce inflammation both locally and systemically, meaning it needs to reduce the inflammation around the nerve while at the same time reducing inflammation throughout the body. Some treatments reduce inflammation either systemically OR locally but almost never are they able to reduce inflammation from both perspectives simultaneously.

Element #2: Cellular Nutrition

Your cells produce energy in a little power house called the mitochondria. It produces little molecules called ATP which your cells then burn to produce energy. If you are not producing enough ATP, your cells become tired and worn out to the point that they can no longer perform their normal nerve functions. True healing of a nerve requires an increase in these life giving energy building blocks. There is no medication available today that increases cellular energy. Any medication approach is ultimately going to fail because it fails to provide this key ingredient in defeating neuropathy. If you can stimulate the internal production of energy you accelerate the healing process and provide rapid relief of your neuropathy symptoms that are long lasting.

Element #3: BioMedical Nutritional Restoration™

Your peripheral nerves need the proper nutrients to heal and regenerate. What would you do if you had a plant that was drying up and wilting? You would give it water, sunlight, and nutrients...possibly even some Miracle Grow. The scientific literature points to some key ingredients that provide the nerves the base substance it needs to grow and regenerate. Through a never ending search of the scientific and medical literature combined with clinical experience we have found a very specific set of nutrients that when taken in precise amounts and intervals can dramatically speed up the healing process. Too much can actually hinder the recovery process and too little or the wrong combination of nutrients and you get no benefit. This key to successfully defeating neuropathy is missing in 99.9% of all neuropathy treatment programs available today...either because they are completely unaware of the importance or they have not put the pieces together and discovered the precise elements necessary to help restore nerve function.

Element #4: Peripheral Balance Feedback Therapy™

In successfully treating and beating neuropathy is resyncing the nerves and the brain. The reason that those with peripheral neuropathy are at such high risk for fatal falls and hip fractures is that the damaged peripheral nerves are not communicating properly with the brain. After restoring your lost nerve function you must coordinate the feedback between the brain and the nerve. If the newly healed nerve and brain are not on the same wavelength you will continue to be at a high risk for falls and hip fractures. Although it is the pain, burning, and tingling that are the things most neuropathy patients want relief from...the real danger lies in the increased risk of falls and fractures that are potentially fatal. It is devastating to see a patient who would otherwise be mobile, active, and productive confined to a wheelchair because they fell and broke their hip and can no longer walk.

It Takes a Whole-Person Functional Approach

After reading this far, it should be obvious that we do not take the standard approach to treating neuropathy. We don't give medications that come riddled with side-effects or prescribe cookie-cutter treatments that do little to improve the pain, numbness and burning you experience on a daily basis. Neuropathy is a complex condition and it takes a big picture approach that utilizes the best science and technology have to offer to manage it effectively and create the relief, we are sure you desire. We treat peripheral neuropathy from every angle, including every element necessary to promote healing of the nerves and maximum symptom relief. The success

our neuropathy treatment program is attributed to our unwillingness to cut corners, leveraging the latest technological advances and developing proprietary scientific protocols that provide a predictable result.

How to Use this Information to Ensure You Take a Straight Path to Long Lasting Relief

As you can now see, successfully eliminating your neuropathy is not going to just happen by accident. The pills you have been taking for months or years are not all of a sudden start working better. You need to ensure that the treatment path you take includes all 5 elements of successfully defeating neuropathy. Here is a quick checklist you can use to be sure you are making the right decision and choosing a treatment that is going to provide you long lasting relief from your neuropathy pain, burning, tingling, and numbness plus help prevent falls and fractures in the future.

The 5 Questions You Should Consider Before Embarking on ANY Treatment Program for Your Peripheral Neuropathy

❑ **Does the treatment thoroughly evaluate and diagnose the underlying nerve dysfunction?**

In our office, we have a 16-step nerve restoration evaluation that we perform to determine the exact nature of the nerve damage

❑ **Does the treatment you are considering reduce inflammation from both a global and systemic perspective as well as reducing inflammation from a local nerve perspective?**

Most failed peripheral neuropathy treatments address only one aspect and completely fail to address the other

❑ **Does the treatment system you are considering increase the rate of cellular energy production?**

One of the key elements of Functional Peripheral Nerve Restoration™ is the use of technology to increase cellular ATP production – promoting accelerated peripheral nerve healing

❑ **Does the treatment system you are considering use advanced BioMedical Nutritional Restoration™?**

To promote healing of a damaged peripheral nerve, a very precise combination of bio nutritional elements must be present. ~~But just taking absolutely no change to peripheral function~~

b) You may actually inhibit nerve function to an even greater degree

c) Though testing and a review of the literature we have discovered a precise system for delivering the precise amounts of biomedical nutritional support that promotes and accelerates the healing of the nerve

❑ **Does the treatment you are considering resync the communication between the brain and peripheral nerve?**

We developed Peripheral Nerve Balance Therapy™ to specifically address the ongoing deficits in balance and coordination caused by Peripheral Nerve Restoration™ system. We now feel that you are armed with working knowledge of all the elements that comprise our Functional Peripheral Nerve Restoration System™ that we use to help peripheral neuropathy patients end their pain, burning, nights of no sleep and sense of well-being.

If you are ready to get your health back, call us at 561-746-4242 to schedule your consultation with our healthcare professionals! "Your pain free tomorrow starts TODAY!"